

## KNOW YOUR RESOURCES EXERCISE

*This exercise allows students to search for and learn about local resources to help address elder and vulnerable adult abuse, neglect, and exploitation. It can be implemented as a small group project.*

### RESOURCES FOR ELDER/VULNERABLE ADULT ABUSE, NEGLECT AND EXPLOITATION

Time: 1.0-1.5 Hr

Objectives: As a result of this exercise, students will:

- Be able to identify local agencies/organizations that respond to abuse
- Summarize how each agency/organization serves elders/vulnerable adults

Directions: Find the local contact information (telephone and website) for each type of agency/organization listed below. After each listing, include one sentence describing how they serve elders/vulnerable adults and their families. Feel free to include additional resources not listed here.

Adult Protective Services

Long-Term Care Ombudsman

Police/Sheriff

Alzheimers Association

Area Agency on Aging

Bar Association—Elder Law Division

Center for Independent Living

Consumer Protection Agency/Organization

District Attorney/City Attorney

Domestic Violence Hotline

Domestic Violence Shelter

Elder Abuse or Family Violence Multi-Disciplinary Team

Family Caregiver Resource Center

Geriatric Medical Care

Legal Aid

Medicare Fraud Complaint Unit

Mental Health Services

Public Administrator/Guardian/Conservator

Regional Center/Developmental Disabilities Resources

Victim Services

This is part of the **“Elder Abuse Training for Nursing Students” Nurse Educator’s toolkit**, created by the Center of Excellence on Elder Abuse & Neglect and the Program in Nursing Science at University of California, Irvine. **Download materials for free**—visit [www.centeronelderabuse.org](http://www.centeronelderabuse.org), click **“by Professional Discipline”** and **“Nursing”**